



SINK INTO EARTH CONSCIOUS LUXURY FOR THE ENTIRE FAMILY AT OCEAN PEARL SPA

Carlsbad, CA – In the new “green” conscious world, all spas are not created equal. At the Ocean Pearl Spa located at the Sheraton Carlsbad Resort & Spa, both luxurious decadence and earth consciousness walk hand in hand. Spa Director Jennifer Anderson sources and utilizes only organic and sustainably raised products for use in all indulgent treatments that offer something for everyone.

The signature Coastal Waters Body Mask is a study in sustainable luxury with organic, hand-harvested ocean mud that comes from the only harvester along the Pacific Ocean who is legally allowed due to their sustainable practices used in getting the mud. This works together with rockweed and Alaria seaweed to cleanse, detox, exfoliate, tone, and firm.

It's never too early to receive a good pampering and Ocean Pearl is delighted to offer a fun and delicious treat with the **“Stay & Play Date—Sweet Feet Treat.”** This special treatment for Mom and her little one after a day at Legoland California pampers toes worn from the day with a rich, organic chocolate bubbles foot soak, white chocolate sugar and cream foot scrub and white chocolate butter cream foot massage. All enjoyed while relaxing in a big comfy chair with a heated neck wrap and sipping a yummy ice cream shake.

Guys can get in shape and indulged on the go with the **Fitness/45 program.** This offers a 20-minute circuit training routine with a pro trainer specially created for busy business travelers on the run followed by a 25-minute sports massage and healthy carb-loaded snacks.

Spa Happy Hour...It's all about multi-tasking at this new take on the standard happy hour. On the third Thursday of every month between 5:00-8:00 p.m. the Ocean Pearl Spa Happy Hour offers mini treatments priced at \$18. Select treatments include; Peppermint Foot Treatment, Aromatherapy Scalp Massage, White Chocolate Hand Treatment, and the Quick Fix Massage. Complimentary drinks and appetizers are served throughout and any full-length treatment booked at or during Happy Hour receives a 15% discount. Reservations are required and can be made by calling 760.827.2700 or visit www.oceanpearlspa.com

Girls Around Town Day Escape...Created for gal pals who need a break but can't stray too far from home. Enjoy a luxurious 50-minute marine based signature treatment in the organic full service Ocean Pearl Spa followed by a spa healthy lunch in Twenty/20 Grill and topped off poolside with all day access Resort amenities including free form pool, relaxation lounges and fitness center. Girls Around Town Day Escape is priced at \$110.

Ocean Pearl Spa has something to offer all types of travelers while being kind to the environment. For the complete menu of services to relax, refresh and rejuvenate please visit www.oceanpearlspa.com or call 760.827.2700.

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